



SHANTI GENERATION YOUTH PEACEMAKERS TRAINING

A community effort to cultivate conscious youth leaders skilled in the engagement of diversity and the development of social, emotional and physical wellness.

Shanti Generation Youth Peacemakers Training is a 12-month, 72-hour course for adolescent youth between 12-16 years of age. In monthly, six-hour workshops, youth engage in peacemaking practices including:

- ✿ Yoga
- ✿ Compassionate Communication
- ✿ Mindful Awareness Training
- ✿ Peer Teaching Techniques
- ✿ Conscious Social Action

OUTCOMES

Upon completion of the 12-month program, youth leaders will be equipped to lead peacemaking workshops for youth in their home communities and in other youth leadership forums.

WHEN

Dates for 2010 Training:

Jan 30, Feb 27, Mar 27, Apr 24, May 22, Jun 19, Jul 31, Aug 28,
Sept 25, Oct 30, Nov + Dec dates TBD

10 a.m. - 5 p.m.

WHERE

AT **YOGAGLO**
1800 BERKELEY ST.
SANTA MONICA CA 90404

Yogaglo's online HD video technology allows teens around the globe to experience select workshops from the Youth Peacemakers Training.

See reverse for information on Facilitators

TO REGISTER

download application from

WWW.SHANTIGENERATION.COM

or call 818-952-9642

Space is limited to sixteen youth



FACILITATORS



ABBY WILLS, M.A., ERYT. works to enhance well being in schools and communities through yoga and mindfulness programs. She is a graduate of Pacific Oaks College where she studied developmental education and social change theory. Over the past decade, she has directed yoga programs at studios and has led youth workshops in diverse venues across Los Angeles. Abby leads professional development workshops for teachers across the nation and has trained yoga teachers internationally. Abby is currently on faculty at The Walther School and New Roads Middle School.



CHRIS CHAPPLE serves as Doshi Professor of Indic and Comparative Theology at Loyola Marymount University. He also edits a journal for Brill, *Worldviews: Global Religions, Culture, and Ecology*. He has published several books, including the 2008 Gandhi Award Winner, *Yoga and the Luminous: Patanjali's Spiritual Path to Freedom*. From 1972 until 1985, Chris and his wife Maureen studied Classical Raja Yoga under the tutelage of Gurani Anjali at Yoga Anand Ashram. In 2002, he established the first of several certificates in Yoga Studies at LMU and in 2004 founded the Hill Street Center, a meditation and Yoga cooperative in Santa Monica.



HALA KHOURI, M.A., ERYT. has been teaching the movement arts for almost 20 years. Hala earned her B.A. in Psychology with a minor in Religion from Columbia University and has a Master's degree Counseling Psychology from Pacifica Graduate Institute. Hala is one of the creators of *Off the Mat, Into the World*, a yoga and activism initiative that aims to get yogis to take their practice outside of the yoga studio and to touch the lives of others.



ANNE WALTON & RODGER SORROW are certified trainers for The Center for Nonviolent Communication. Roger's leadership experience includes: Director of Treatment for the Drug Rehabilitation Program for the Thirteenth Naval District of the United States Navy, Consultant to Western Washington University's Multi Ethnic Cross Cultural Awareness training, and District Executive for the Boy Scouts of America where he taught consensus and community building leadership skills. Anne's background includes a certificate in Conflict Resolution from the Justice Institute of BC, presenting at the International Conference on Conflict Resolution in St Petersburg, Russia.



JULIE KLEINMAN began practicing yoga in 1990 at the Jivamukti Yoga Center in New York City. She took the YogaWorks Teacher Training with Erich Schiffman and Rod Stryker in 1993 and went on to study with Maty Ezraty, Chuck Miller and Lisa Walford. She was certified by YogaWorks in 1996. She teaches classes and workshops at YogaWorks studios on both coasts and leads local and international retreats.



FELICIA TOMASKO is the Editor-in-Chief of *LA Yoga Ayurveda and Health* magazine, serves on the board of directors of the National Ayurvedic Medical Association, and the California Association of Ayurvedic Medicine. She has completed the registered nurse program at Santa Barbara City College, is an Ayurvedic practitioner and Ayurvedic massage and panchakarma therapist.

